



THINKING OF GIVING UP SMOKING ?

The Practice offers a 12 week smoking cessation programme. The first appointment is an initial assessment followed by review appointments to meet individual needs.

Giving up smoking requires willpower & commitment to the programme.

If you are ready to stop smoking please complete as much of the attached questionnaire as possible and telephone the practice on **01913782099** to book a double appointment with a smoking cessation advisor. **You will need to bring the questionnaire to your first appointment.**

Thank you